

Restoring Health Ltd – Cookie Policy

What are cookies?

Cookies are small text files containing a string of characters that can be placed on your computer or mobile device that uniquely identify your browser or device. What are cookies used for?

Cookies allow a site or services to know if your computer or device has visited that site or service before. Cookies can then be used to help understand how the site or service is being used, help you navigate between pages efficiently, help remember your preferences, and generally improve your browsing experience. Cookies can also help ensure marketing you see online is more relevant to you and your interests.

What cookies does this site use?

WordPress (1st Party) – We use WordPress to run this site and this uses Cookies to further enhance the experience of the website, which you can read more about, [here](#).

Google Analytics (3rd party) – We use this to see how many visitors we are getting, and how they found us. You can find out more about Google Analytics' Cookies [here](#).

First and third party cookies

First-party cookies are cookies that belong to this site, third-party cookies are cookies that another party places on your device through our Service. Third-party cookies may be placed on your device by someone providing a service for us, for example to help us understand how our service is being used.

How to control and delete cookies

If you want to delete cookies follow the instructions [here](#).

If you wish to disable your browser from receiving cookies follow the instructions [here](#).

Note that if you set your browser to disable cookies, you may not be able to access certain parts of our Service and other parts of our Service may not work properly.

You can find out more information cookie settings at third-party information sites, such as [this one](#).