

## **PELVIC CLOCK PRODUCT WARNINGS**

- **CONSULT YOUR PHYSICIAN OR HEALTHCARE PROVIDER BEFORE PERFORMING ANY EXERCISE PROGRAM USING THIS PRODUCT FOR APPROPRIATE EXERCISE ADVICE AND SAFETY PRECAUTIONS. THIS PRODUCT AND ITS INSTRUCTIONS ARE NOT INTENDED TO REPLACE THE ADVICE AND GUIDANCE OF YOUR PHYSICIAN OR HEALTHCARE PROVIDER.**
- **EXERCISES USING THIS PRODUCT SHOULD BE PERFORMED IN A SLOW AND CONTROLLED MANNER. IF YOU HAVE TROUBLE BREATHING OR OTHERWISE FEEL SICK WHILE USING THIS PRODUCT, STOP AND CONTACT YOUR PHYSICIAN OR HEALTHCARE PROVIDER.**
- **BE SURE TO READ AND FOLLOW THE INSTRUCTIONS AS PROVIDED. USE ONLY AS INTENDED AND AT YOUR OWN RISK. THE MANUFACTURER, FLECT LLC, AND ITS DISTRIBUTORS ASSUME NO LIABILITY OR RESPONSIBILITY FOR ACCIDENTS OR INJURY TO PERSONS OR PROPERTY THAT MIGHT RESULT FROM THE USE OF THIS PRODUCT.**
- **DO NOT USE IN AREAS OF SKIN IRRITATION. STOP USING PRODUCT IF BRUISING OCCURS.**
- **THIS PRODUCT IS NOT A TOY. KEEP OUT OF REACH OF CHILDREN AND PETS.**
- **YOU MAY CLEAN THIS PRODUCT WITH MILD SOAP AND WATER. DRY WITH A CLOTH AND STORE IN A COOL, DRY PLACE OUT OF DIRECT SUNLIGHT.**